

June 2025 Newsletter

PRESIDENT'S LETTER

It is all coming to an end!

Thank You to everyone that came to meetings, joined us at the Conference, and got involved and had a lot of fun like I did.

My term as your President is coming to an end on June 30th. I started down this path in 2019 as your Vice-President and I ran the Indiana Health and Safety Conference for 3-Years and one of those years was during the Pandemic. I have a lot of fun memories running the Conference during the Pandemic – me and Jeff Fox down at the Chamber's studio, broadcasting the conference live – I felt like a movie star – LOL – looking into the camera and reading my lines. Everyone sitting around wearing masks. People flipping buttons and tacking time to make all those recordings go – it was crazy. Those were Good Times!

We've done a lot and have a lot to be proud of. People came to our morning meetings. We had solid turnouts at our BISE and WISE events. Everything we did with Construction Safety was strong and well attended. We always had strong attendance at our Monthly Chapter Meetings – and of course, the Conference. I will always remember Tery Bradshaw as our Keynote Speaker. I know I speak for everyone – that man was endless entertainment. Then we have our student Sections, which to me, has been endless entertainment. We literally raise \$1,000s of dollars every year at our Annual Golf Outing that WE WANT TO GIVE THEM!but I have found it almost impossible to do that, because none of the next generation of Safety Professionals can fill out a form and ask for the money... I guess we need to make an app or a TikTok thingy.... Or get AI involved.... I don't know – maybe they have too much money....

It's really all the friends at ASSP that keep me going – they are worth the price of admission and volunteering. I could do none of this without them!

So I would like to personally thank: Vince, Jeff, Ginger, Kristi, Daniel, Karl, Greg, Susan, Ted, Christina, Dave, Anne, Jane, Megan, Chaka, Cory, and Ryan for making me smile, laugh, and for all the fun over the last years – and to those I may have forgotten on my list – don't take it personal – I forget things and you know where I live – so feel free to point that out and take jab and let's laugh again over my mistake!

Thank You for Everything you do!

El Presidente signing out! See Ya!

Mark C. Frye

UPCOMING EVENTS

Why Employee Health & Wellness Matters

Employee wellness



Join us for an insightful session exploring the critical role of employee health and wellness in workplace safety, productivity, and morale. Learn how investing in wellness programs not only supports your team's physical and mental well-being but also drives long-term organizational success. Whether you're a safety professional, HR leader, or front-line supervisor, this presentation offers practical takeaways to create a healthier, more resilient workforce.

Wednesday, June 11, 2025 8:00-9:30am

TOPIC: Why Employee Health and Wellness Matters

Speaker: Jennifer Pferrer, Exectutive Director of the Wellness Council of Indiana

Venue: SMG Safety Yard - 2405 US 52, Lebanon, Indiana, 46052

Jennifer has been the Executive Director for the Wellness Council of Indiana. and was recently promoted to new role with the Indiana Chamber that will split her time between the WCI and the Chamber Foundation. She is now going to serve as vice president of impact and development. Specifically, she will be leading the Chamber's efforts related to expanding fundraising strategies for the Foundation and working with key partners.

Following the presentation a tour of the SMG Safety Yard will be offered to those who choose to stay. No special PPE is needed for this tour.

From Interstate 65N take the US 52 exit. The ramp curves around over the interstate on to route 52. Your team members will see a large grain silo on their right, with Safety Yard Banners on it. They will take their first available right-hand turn that looks like it goes into a residential driveway. There are two large chain link gates and signs to direct them back to the Yard.

REGISTER HERE!



Huge thank you to Safety Management Group - our sponsor for this month's chapter meeting!



2025 Chapter Meeting Calendar

We've been working hard to plan a year filled with events focused on **relevant safety topics** and top-notch **speakers** for our Central Indiana ASSP membership. Below is a preliminary list of dates and topics for 2025. While these are subject to change, we hope this gives you a chance to plan ahead and ensure you can join us for these valuable events!

Friday, July 11, 2025 - 11:30am - 1:00pm

TOPIC: Wastewater Risks, Exposure & Safety

Speaker: Jase Hixson

Venue: ABC Indiana

[Register Here!](#)

Wednesday, August 13, 2025 - 8:00-10:00am

TOPIC: Ethics

Speaker: Nancy McClellan

Venue: Fishers Dept. of Public Works

Friday, September 12, 2025 - 11:30am - 1:00pm

TOPIC: Multi Generational Workforce

Speaker: Mitch Isaacs

Venue: BCSP**Wednesday, October 8, 2025 - 8:00-9:30am****TOPIC:** Postive Mental Health Practices from an Emergency Responder**Speaker:** Ephina Desinger**Venue:** SMG - Safety Yard, Lebanon**Friday, November 7, 2025 - 11:30am - 1:00pm****TOPIC:** 4 Reasons Frontline Leaders Struggle to Deliver Safety Results**Speaker:** Rodney Grieves**Wednesday, December 10, 2025****TOPIC:** IOSHA Update

Check out our [EVENT CALENDAR](#) for more info on these upcoming topics!

1. In addition to monthly chapter meetings, CI ASSP is offering quarterly events focused on the following special interests:

- Construction – May, August, and November
- WISE – June, September, and December
- BISE – April, July, and October

Everyone is invited to attend – please register online for any event you plan to attend to ensure we have seating, food (if applicable), and any handouts available for all attendees.

2. Based on positive feedback, we will be continuing the “Breakfast and Best Practices” events. This is an opportunity to network, share successes, get information on something you are working on, learn something new and meet other safety professionals.

3. Periodically, about every other month, there will be Online Technical Meetings where members who attend can earn CEUs at no additional cost.

4. We have a several very special chapter meetings planned including:

- July 11th Wastewater Risks, Exposure and Safety – Jase Hixson

- August 13th Ethics (now required for CSP recertification) joint meeting with AIHA – Nancy McClellan
- September 12th 4 Hour WORKSHOP Multi-Generational Workforce – Mitch Isaacs
- October 8th Positive Mental Health Practices from an Emergency Responder – Ephina Desinger
- November 7th Reasons Frontline Leaders Struggle to Deliver Safety Results and How We Can Help – Rodney Grieves
- December - IOSHA

5. Please add all the CI ASSP activities to your calendar and join us! Remember, based on input, we are alternating monthly chapter meetings between Wednesday morning and Friday lunch.

Meeting Hosts and Meal Sponsors

We are looking for meeting hosts and meal sponsors:

- November 7th 11:30 – 1pm location and meal

If you or your company is available to host and/or provide the meal, please reach out to Ginger.Dayton@atipt.com

If you have a suggestion for a location – email Ginger.Dayton@atipt.com

Looking for a way to get more involved in our chapter? Join us at one of our **board meetings!** This is a great opportunity to gain insight into the planning and preparation behind our **monthly chapter meetings, annual Health & Safety Conference, and other events** like **Breakfast & Best Practices, BISE, WISE, and our Student Section gatherings.**

We'd love to have you sit in on a meeting and see how you can contribute! There are opportunities that require both **larger and smaller time commitments**, so you can get involved in a way that fits your schedule.

Interested? Reach out to **Mark Frye** at mcfrye@mmm.com to learn more!

13th Annual Future Safety Leaders Golf Outing **Friday, July 25, 2025**

Mark your calendars for **Friday, July 25, 2025**—the Central Indiana Chapter's **13th Annual Future Safety Leaders Golf Outing** is just around the corner! This exciting event is your chance to enjoy a day on the course while making a lasting impact on the future of the safety profession.

Thanks to your continued support, **over the past 12 years, our chapter has awarded 45 scholarships** to Indiana students pursuing careers in Occupational Safety and Health. Your participation and sponsorship directly help shape the next generation of safety professionals.

Sponsorship opportunities are still available! Whether you're interested in being a hole sponsor, beverage cart sponsor, or providing raffle prizes, there's a level for every organization to get involved and be recognized.

Sponsorship Opportunities are available for this event! Please reach out to ciasspgolfouting@gmail.com for more details!

Premier Sponsor - \$3,500



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HUGE THANK YOU TO STERLING FOR THEIR

2025 premier sponsorship - again!

Partner Sponsor - \$2,000



SAFETY MANAGEMENT
GROUP

Lunch Sponsor - \$1,000



Partner Sponsor - \$2,000 *(Includes: Opportunity to welcome attendees at registration and shotgun start, tent at hole of choice, foursome, large sponsorship sign, tee and green*

sponsorship, logo in chapter newsletters and name on website, and special recognition at Outing)

Sign Sponsor - \$1,500 *(Includes: Company logo will be placed on all golf outing signs)*

Lunch Sponsor - \$1,000 *(Includes: Large sponsorship sign, tee and green sponsorship, logo in chapter newsletters and name on website, and special recognition at Outing)*

Hole Sponsor with Foursome - \$750 *(Includes: Foursome, tent at hole of choice, sponsorship sign at tee box, logo in chapter newsletters and name on website, and special recognition at Outing)*

Hole Sponsor with Twosome - \$500 *(Includes: Registration for Two golfers, tent at hole of choice, sponsorship sign at tee box, logo in chapter newsletters and name on website, and special recognition at Outing)*

Beverage/Snack Cart Sponsor - \$500 *(Includes: Tent at hole of choice, sponsorship sign on beverage cart, logo in chapter newsletters and name on website, and special recognition at Outing)*

Hole Sponsor - \$350 *(Includes: Tent at hole of choice, sponsorship sign at tee box, logo in chapter newsletters and name on website, and special recognition at Outing)*

Sponsorship Opportunities are available for this event!

Information Here!



ASSP Annual Conference

Workplace safety and health will continue to evolve, and the American Society of Safety Professionals (ASSP) will continue to connect you with industry expertise, a network of like-minded peers and the latest innovations. 2024 was a SOLD OUT year so be sure to save the date for our 64th annual Conference and Expo.

[Get more information here](#)



NEWS

June Toolbox Talks - Electrical Safety

<https://content.safetymanagementgroup.com/cspp-spp-electrical-safety>



May was Mental Health Awareness Month, but the impacts of mental health last all year. Mental health can impact employee's ability to concentrate, sleep, eat and communicate resulting in increased risk of incidents and injuries.

Many times, we are hesitant to discuss mental health with others, even if we think they may need help. It can feel scary reaching out for help for yourself or reaching out to others.

According to BCBS of IL, one in five US adults experience mental health concerns each year and less than half are getting treatment. If you believe someone you know or work with needs support and you aren't sure how to start the conversation, here are a few questions you may ask:

- I've been worried about you. Can we talk about what you are experiencing? If not, who are you comfortable talking to?
- I am someone who cares and wants to listen. What do you want me to know about how you are feeling?
- Who or what has helped you deal with similar issues in the past?
- It seems like you are going through a difficult time. How can I help you to find help?

If you are struggling and seeking support, start by building your support system one step at a time. Share how you feel with 1 or 2 trusted individuals. Find a local peer group where you can connect with people who have similar struggles as you.

Reach out to your Health Care Provider and your Medical Plan Insurance Carrier – many resources are available through these 2 sources.

Are you Hurt or Do You Hurt?

Shawna Neilson, our May monthly meeting presenter, posed a powerful question: *“Are you hurt, or do you hurt?”* Why does this distinction matter? Here’s my take.

When someone is **hurting** or experiencing **discomfort**, it's an early signal — an opportunity to intervene before it becomes a more serious issue. This is a great time to have a conversation, observe them at work, and review their job description and tasks. Discuss what they're doing both on and off the job, including self-care practices. If your team has job-specific strength, mobility, or flexibility exercises, now is the time to review those with the employee. These small steps and reminders can go a long way in relieving discomfort and helping the employee feel better. If discomfort persists, a referral to a healthcare professional may be needed.

When someone is **hurt**, it's often more serious — they may already be under a healthcare provider's care or in need of professional evaluation and recovery time. Even in these cases, it's still helpful to revisit work tasks, discuss their role, and consider possible adjustments. These conversations can impact not only the injured employee, but also others in similar roles by helping to identify and reduce risk factors.

The difference between “Are you hurt?” and “Do you hurt?” often comes down to **timing** — and our chance for an **early intervention**.

Spending time on the floor or in the field, engaging with employees, observing posture and tool use, and discussing self-care and job-specific exercises can make a big difference. These efforts can shift the answer from “I'm hurt” to “I was hurting, but now I'm okay” — and ultimately help prevent injuries before they occur.



Photo Roundup!



Our own Darla Beck featured in Facility Safety Magazine!



Great chapter meeting in May - presented by Shawna Neilson with Hylant

Career Opportunities

[Safety Advisor \(Lebanon, IN\)](#)

April 29, 2025













[Safety Advisor \(Clinton, IN\)](#)

April 29, 2025

[Safety Director \(Avon, IN\)](#)

April 18, 2025

2024 Central Indiana ASSP Chapter Officers & Committee Chairs

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	VICE PRESIDENT Daniel Brewer, MS, CHST, GSP 		SECRETARY Jeff Fox, CSP, CIT 
	TREASURER Vince Plank, CSP 		PAST PRESIDENT Greg Anderson, MS 



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