

October 2024 Newsletter

PRESIDENT'S LETTER

I hope this finds you well and you and your family is safe!

The Fall has been great! I love how the weather changes and we drift into the holiday season. Our meeting attendance has been strong, which only makes us feel good about what we do to help you enjoy your EHS experience.

In October. Erica Graham-Adams is going to talk to us about Unplanned Event – Preparedness, Response, and Recovery at Frist Onsite on Shelby Road. Then on November 6th, we have a joint meeting with CCS on Excavation Safety, which is a must know for everyone in construction. Our November Chapter Meeting is going to be tour of TRICO Wastewater Treatment Plant – which may not be appealing to some, but as a former Indiana Wastewater Operator with a degree in Chemistry – wastewater treatment plants are awesome because they are literally science in action and I find it amazing how they clean what goes down the drain.

Finally, December is our annual IOSHA update, and we are going to continue with our tradition of taking questions from YOU and giving them to IOSHA to answer. This has been a treat in the last several years. People like the interaction. We are also going to sponsor this event in a new venue, which we are really excited about.

I've talk about this before – but our elections for officers happens in 2025. Treasurer, Secretary, and Vice-President will all be up. Anyone can run for office. If you are interested – let me know and I'll get you to a board meeting and you can see all the fun in action, and it is – it's a great group of people and we enjoy each other's company.

Secretary tends to be an entry level position. You come to our monthly Executive Board Meetings and take notes of what transpires. You literally will have a Word Document with the agenda and topics, which is created by me – you can sit there with your laptop and add updates. Simple. You get to vote on key topics and you get to bring your creativity and difference to the team. ASSP is a great place to make a difference and contribute to make the world a better place. From there, you will learn about all the inner workings of our Society and Region 7, and we'll even send you to the annual Leadership Conference to learn and network with other like people. Plus, there is FREE training on what to do. We make it easy. Think about it – let me know.

Thank You for all you do to help protect people, property, and the environment!

Mark C. Frye,

President

UPCOMING EVENTS

October Chapter Meeting Friday, October 11, 2024

Join us for our upcoming CI-ASSP monthly chapter meeting as we explore the vital role of Emergency and Operational Preparedness. Learn how proactive planning and operational strategies can prevent unplanned events from becoming under-prepared crises.

Our Learning Objectives:

- **Recognition of Planning Activities**: How preparedness lays the groundwork for swift recovery.
- Workflow Response: The best approaches to ensure operational resilience.
- Successful Strategies for Recovery: Real-world examples of minimizing business interruption, reducing downtime, and controlling costs in commercial environments.

Attendees can earn up to 0.1 CEU credit for attending and completing an evaluation.

Safety Resources, Inc. is our authorized IACET CEU provider.

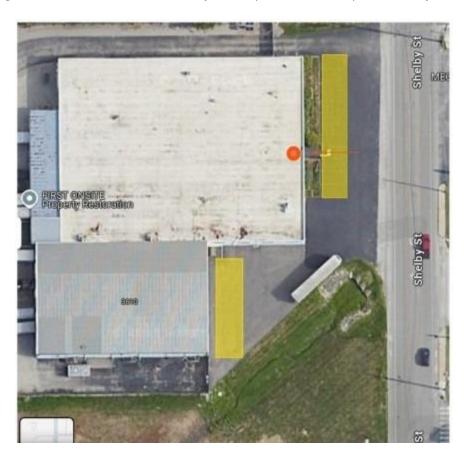


Topic: Unplanned Events - Preparedness, Response & Recovery Speaker: Erica Graham-Adams

Time: 11:00am -1:00pm Venue: First OnSite

3610 Shelby St., Indianapolis, IN 46227

Located two blocks north of University of Indianapolis (UIndy) on Shelby Street, west side of road. Parking will be in front of building and to the south of the building denoted by yellow blocks in diagram below. Enter main entry door (red dot/arrow) on Shelby Street.



Register

here

for this event!



2024 Chapter Meeting Calendar

As you plan your Continuing Education and networking for 2024, mark your calendars for the monthly CI-ASSP Chapter Meetings. Please remember to sign up for you free ticket at www.centralindiana.assp.org/events each month. This ensures we have a seat for you and lunch for all attendees.

- Click on "View Details" button for the month.
- After reading the topic, speaker/host, venue, scroll down below the map to "Tickets".
- Adjust the quantity to "1" and click "Register Now".
- A screen with Attendee Information will appear.
- Please fill in the information including if you will be attending In Person or On-line.
- Click "proceed to finalize registration"

 If you have successfully RSVPd, you will receive an email "Your Event Registration Details" from ASSP

NOTE: All topics may not be available for On-line Attendees.

11/6/2024

Topic: Excavation Safety Part 2
Speaker/Host: Safety Resources - host

Venue: 618 North Davidson Street Indianapolis, IN 46202

11/8/2024

Topic: TRICO Wastewater Treatment Tour Speaker/Host: Maggie Crediford and Loren Prange Venue: 7236 Mayflower Park Drive Zionsville, IN

12/13/2024

Topic: Annual IOSHA Q&A
Speaker/Host: IOSHA Consultant
Venue: TBA

Check out our EVENT CALENDAR for more info on these upcoming topics!

If your company would like to sponsor lunch for our chapter meetings, please contact Ginger Dayton: Ginger.Dayton@atipt.com



Future Leader Golf Scholarship Application

Each year, our Central Indiana ASSP Chapter hosts a golf outing to raise funds that support safety-focused college students through these scholarships. We believe in investing in the future of our industry, and this event is a key part of that commitment. Since 2013, our Chapter has awarded over 40 scholarships to ASSP student members from Indiana State University, Indiana University, and Purdue University.

Do you know a student passionate about safety? Please spread the word about this opportunity! The application process is simple, requiring just a one-page submission, which can be found <a href="https://example.com/herel/broad-regular-reg

Join us in making a difference—both on the green and in the lives of tomorrow's safety professionals!

DEADLINE FOR APPLICATIONS IS DECEMBER 1!



CCS & ASSP Construction Focus Excavation Safety {Part 2}



Excavation activities are essential to many construction and infrastructure projects, but they come with significant risks, especially when it comes to underground utilities and emergency situations. Join CCS & CIASSP on November 6 either in person or virtually from 11:00am – 1:00pm ET where a comprehensive overview of best practices in excavation emergency preparedness and utility protection will be covered. Participants will also be equipped with the knowledge to prevent accidents, mitigate risks, and respond effectively in emergencies.

Attendees will learn about the latest safety protocols, regulatory requirements, and technologies designed to protect workers and the public from hazards. The session will also cover how to develop emergency response plans, coordinate with utility providers, and ensure compliance with safety standards.

Key Learning Objectives:

- Understanding common hazards associated with excavation and utility work
- Developing emergency preparedness plans specific to excavation sites
- Exploring techniques and tools for preventing damage to underground utilities
- Coordinating with utility companies and first responders during emergencies
- Navigating OSHA and other regulatory requirements for excavation safety

Attendees can earn up to 0.15 CEU credit for this event by attending and filling out a comprehensive check. Safety Resources is our authorized IACET CEU provider.

We hope you can join us for this hybrid event on November 6 from 11:00am – 1:00pm ET either via Zoom or at Safety Resources, Inc., 618 N Davidson St, Indianapolis, IN 46202.

Click here to register.

Save the Date: Indiana Health and Safety Conference February 24-26, 2025



The 2025 Indiana Safety and Health Conference & Expo is filled with need-to-know training to keep your employees and colleagues safe on the job site. Featuring more than 70 breakout sessions and over 100 exhibitors and sponsors, this is a conference you do not want to miss!

Discover new strategies for compliance to build a safer workplace at the 2025 Indiana Safety and Health Conference & Expo, presented by the Central Indiana Chapter of ASSP and the Indiana Chamber of Commerce in partnership with INSafe and the Coalition for Construction Safety.

For more information, please visit www.INSafetyConf.com.

*Early Bird registration discount is available until February 1, 2025!

13th Annual Future Safety Leaders Golf Outing Friday, July 25, 2025

Mark your calendars for an exciting and impactful event! Our 13th Annual Future Safety Leaders Golf Outing will take place on **Friday**, **July 25**, **2025**. This special outing is a fantastic opportunity to enjoy a day of golf while supporting the next generation of safety leaders.

Whether you're an avid golfer or just looking to network and have fun, this event is perfect for everyone. Stay tuned for more details on registration and location. Don't miss out on the chance to make a difference and enjoy a wonderful day on the greens!

Devices used to find water



ASSP Annual Conference



Workplace safety and health will continue to evolve, and the American Society of Safety Professionals (ASSP) will continue to connect you with industry expertise, a network of like-minded peers and the latest innovations. 2024 was a SOLD OUT year so be sure to save the date for our 64th annual Conference and Expo.

Get more information here

NEWS



Brought to you by LJB Engineering and Ritz Safety. The landscape of the fall protection industry is continuously advancing and changing, with the recent OSHA Falls National Emphasis Program as a notable item. Additionally, the ANSI/ASSP Z359 standards—or Fall Protection Code—are working to keep up with the evolving technologies and practices to meet your needs. Attendees will learn how recent and forthcoming changes to the standards impact key aspects of their organization's fall protection program and

allow you to best prepare for internal or OSHA related inspections. The presenter will explain how the standards interrelate and provide insight on recently and soon to-be released standards, including new updates related to full-body harnesses, self-retracting devices, energy absorbing lanyards and rope access systems. With this information, safety professionals can determine cost effective strategies for applying the new information to reduce risk for workers at heights.

Register Here!

October 10 - World Mental Health Day



Mental health is a significant issue in the construction industry, with a higher rate of mental health issues and suicide than in other industries. Here are some ways to support mental health in construction:

Communicate openly

Leaders and colleagues can create a culture of trust and understanding by asking how workers are doing and listening with empathy.

Prioritize mental health

Top management should verbalize how they will address mental health challenges to build trust.

Foster a positive workplace culture

Promote wellness and integrate mental health practices into overall health in the workplace.

Offer mental health first aid

Mental health first aid training can reduce the stigma around mental conditions in construction.

• Create psychologically safe work environments

Employees who feel safe and supported are more likely to experience less stress and anxiety.

Use the Building Mental Health Charter

Construction organizations can use the Building Mental Health Charter to demonstrate their commitment to promoting mental health awareness and understanding.

• Participate in Construction Suicide Prevention Week

This week raises awareness of the high number of suicides in the industry and provides helpful resources.

Looking for ways to support mental health in the workplace? Tiers1's "Start the Conversation" page offers practical tools and resources to help organizations foster open discussions around mental well-being. Whether you're a safety professional or a team leader, this platform provides valuable insights to create a healthier, more supportive work environment. Visit the page today and take the first step toward making mental health a priority in your organization.

Workforce Mental Health - TiER1 Performance
Free Start the Conversation Tool Kit Request - TiER1 Performance

Photo Roundup!



We had a great September chapter meeting on IH Services at Fishers Dept. of Public Works presented by Tom Okuszki the food was amazing (City BBQ!):





Joint Trenching & Excavation meeting with CCS presented by Zack Jackson with Safety Resources, Inc.

Career Opportunities

<u>Safety Advisor – Owner's Rep (Lebanon, IN)</u> October 4, 2024

Environmental Coordinator (Ft. Wayne, IN) October 4, 2024

<u>Senior Safety Advisor (Jeffersonville, IN)</u> October 4, 2024

2024 Central Indiana ASSP Chapter Officers & Committee Chairs



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in



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