



CENTRAL INDIANA ASSE CHAPTER NEWSLETTER

January 2014

Happy New Year Chapter Members!

The year 2014 has come to an end, and we're anticipating the start of a new year. In January 2013, I challenged Members to set specific professional goals, such as completing a degree or pursuing a professional certification. Document your goals; keep them attainable and time-sensitive.

In January 2014, I challenged Members to be intentional regarding leadership development. An easy approach in leadership development is reading books about leadership. I recently had the opportunity to hear John Spence at the ASSE Leadership Conference. He's the author of multiple leadership books that are worth checking out.

As in year's past, the Chapter Executive Board has planned multiple opportunities for professional development, education and networking throughout the upcoming year. Make one of your goals to attend at least one ASSE Chapter event!

Vince Plank, CSP – Chapter President
Central Indiana Chapter ASSE

Upcoming Central Indiana Chapter Monthly Meetings:

January 21, 2015 11:00AM-1:00PM:

Updated Location

Where: ATI Physical Therapy, 2333 N. Post Drive Indianapolis, IN 46219

Speaker: Rebecca Fletcher / Michelle Cunningham / Chet Brandon (*Board Member*)

11:00AM – Lunch at Cracker Barrel (not provided by Chapter) adjacent to ATI Physical Therapy (2340 Post Dr. Indianapolis, IN 46219)

12:00PM – Tour at ATI Physical Therapy.

Register at <http://centralindiana.asse.org/events/>.

February 18, 2015 11:00AM-1:00PM:

Where: Duo's Kitchen at IMG, 2960 N. Meridian St. Indianapolis, IN 46208

Topic: VPP and INSHARP Presentation

Speaker: INSafe Health Consultant Rebecca Ellson and Assistant Commissioner Michelle Ellison

April 22, 2015 11:00AM-1:00PM:

Where: Shapiro's Delicatessen 808 S. Meridian Indianapolis, IN 46225

Topic: Managing Safety in a Hostile Environment – Actual Experiences from Central IN ASSE Member acting as safety manager of the expat team where Gadhafi's stockpile of chemical weapons was destroyed in Libya

Speaker: Dan Hughes (*Chapter Member*)

**SAFETY IS
YOUR POT
OF GOLD**



2015 Safety and Health Conference & Expo

March 16-18, 2015 | Indiana Convention Center, Indianapolis



Title Sponsor 2015 Indiana Safety and Health Conference:

Registration is now open for the 2015 Indiana Safety Conference March 16-18, 2015

Stay up to date on the 2015 Indiana Safety & Health Conference at www.insafetyconf.com.

Early Bird Special

(Register by Feb. 1, 2015)

- March 16-18 (3-day): \$448
- March 17-18 (2-day): \$349
- March 16: \$99
- March 17: \$249
- March 18: \$249
- Expo Only (March 17): \$49
- Exhibit Booth: \$895

Register after Feb. 1, 2015

- March 16-18 (3-day): \$499
- March 17-18 (2-day): \$399
- March 16: \$149
- March 17: \$299
- March 18: \$299
- Expo Only (March 17): \$49
- Exhibit Booth: \$895

The Central Indiana Chapter of ASSE will be collecting **Prescription Safety Glasses** during the 2015 Indiana Safety & Health Conference. Attendees can drop off their old prescription safety glasses at the Central Indiana ASSE booth. These glasses will be donated to the Lions Club. Your donation of old prescription safety glasses will help to provide workers in other countries the ability to see and work safely.

March 19 – 21, 2015 ASP / CSP Workshops – Hilton Garden Inn Indianapolis Airport

The ASP (often called CSP Safety Fundamentals exam) is the first test required in the two-test process of becoming a CSP. The five hour computer delivered test consists of 200 questions designed to measure the academic knowledge expected of the entry-level safety professional. This workshop will prepare you for the Board of Certified Safety Professionals' Safety Fundamentals Examination, which leads to the ASP designation. You will review more than 600 problems addressing the complete examination blueprint.

The CSP Exam is the second-level examination required in the two test process. This five and one-half hour computer delivered examination consists of 200 questions that examine the candidate's applied knowledge and the application of experience gained through professional practice. Both the ASP and the CSP are administered by the BCSP. Each course is 3 Days (2.2 CEUs / 3.67 Safety CM Points, 25.5 CMPs / 2.2 COCs).

For ASP Examination Preparation Workshop registration visit: <http://www.spansafetyworkshops.com/asp-workshop.php>

For CSP Examination Preparation Workshop registration visit: <http://www.spansafetyworkshops.com/csp-workshop.php>

For discounted hotel accommodations visit:

http://hiltongardeninn.hilton.com/en/gi/groups/personalized/I/INDAGGI-SPAN-20150318/index.jhtml?WT.mc_id=POG

A block of rooms have been reserved for March 18, 2015 - March 21, 2015. The special room rate will be available until February 21, 2015 or until the group block is sold-out, whichever comes first.

IN THE NEWS:

Winter Cold Stress Prevention

Winter may have finally arrived in Indiana and bringing cold temperatures with it! Extreme cold weather is a dangerous situation that can bring on health emergencies in susceptible people. Workers who are exposed to extreme cold or work in cold environments may be at risk of cold stress injuries or illnesses.

Here's some helpful information on cold stress causes, their health risks and their preventions!

CDC/NIOSH: <http://www.cdc.gov/niosh/topics/coldstress/>

EHS Today's Top 10 Articles of 2014

Read 2014's top articles relating to OSHA ballpark inspections, leading indicators, building a stronger safety culture, PPE, construction safety, corporate safety, hot products and more here: <http://tinyurl.com/pyopd68>

Employment News: Several new Safety/Health positions have been recently added to the CI ASSE website. To view these current SHE job opportunities, please check out the CI ASSE Website at <http://centralindiana.asse.org/jobs/>

Contact the 2013 – 2015 Board of Directors at <http://centralindiana.asse.org/board-member/>

Email Address: centralindianaasse@gmail.com

CI ASSE Chapter Web Site: [Central Indiana | The American Society of Safety Engineers](#)

Follow the Chapter on social Media:

